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**American Heart Association announces Go Red Chairwoman for 2011**

***"Go Red For Women educates and encourages women of all ages to take action against heart disease, the No. 1 killer of women in America, by making heart-healthy choices to live longer, stronger lives."***

**Miami, Fla. – January 24th, 2011** – Heart Health Awareness is important every day. February is Heart Month for the American Heart Association. This significant month brings about attention to fighting the number one killer of women, heart disease. February 4<sup>th</sup> is National Wear Red Day and part of you standing up, in this fight, is to wear red on this day. And what better way to start the year off right then to announce the American Heart Association's Go Red Chairwoman for 2011, Ana Mederos.

Mederos is currently the Chief Executive Officer for Palmetto General Hospital. She was instrumental in opening The Heart Institute at Palmetto General Hospital which offers a cardiac program. Mederos has more than 20 years of hospital management experience. Her commitment and support to the health care industry makes her a great fit for the American Heart Association. She has received many awards for her dedication to her profession. The American Heart Association is proud to have Ana Mederos as the 2011 Go Red Chairwoman.

For more information on the American Heart Association and Go Red for Women, log on to [www.goredforwomen.org](http://www.goredforwomen.org).

**About the American Heart Association**

Founded in 1924, the American Heart Association is the nation's oldest and largest voluntary health organization dedicated to building healthier lives, free of heart disease and stroke. These diseases, America's No. 1 and No. 3 killers, and all other cardiovascular diseases claim nearly 870,000 lives a year. In fiscal year 2007-2008, the association invested nearly \$560 million in research, professional and public education, and advocacy and community service programs to help all Americans live longer, healthier lives. To learn more, call 1-800-AHA-USA1 or visit [heart.org](http://heart.org).

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